April

18 YMCA Spring Family Run/Walk
WHEN: 8 a.m.
WHERE: Monroe County YMCA, 2125 South Highland Ave., Bloomington, Ind.
DESCRIPTION: Enjoy this mildly hilly course as you run or walk through the woods and neighborhoods surrounding the Southeast YMCA. Race proceeds support the Y For All annual campaign, which helps us provide scholarships to people facing financial hardship. Event includes a 5K run, 5K racewalk, 10K run and kids' fun run.
MORE INFO: www.monroecountyymca.org

18 Milwaukee Trail Volkswalk 5 or 10K
WHEN: Walk starts between 9 a.m. and noon and walkers need to be off the trail by 3 p.m.
WHERE: Lawrence County Historical & Genealogical Society, 929 15th Street, Bedford, Ind.
DESCRIPTION: The 5K or 10K walk is an opportunity to see Bedford’s Milwaukee Trail. Walkers will be shuttled to the end of the trail and walk back to the starting point. The new walk-and-bikeway has seen more than 100 visitors a day since June, when volunteers completed work to ready the first 5.5 miles of the former railroad right-of-way. The newly opened phases of the trail originate at Lincoln Avenue and travel west to Coxton Road near Williams in rural Lawrence County. Visitors can pass by Spider Creek to the Shawswick area and Salt Creek Bridge, and along the way can enjoy limestone bluffs, tree canopies, scenic waterways, and a variety of wildlife.
MORE INFO: Bedford Hiking Club website, www.bedfordhikingclub.com

May

2 YMCA/Friends of McCormick’s Creek 5K Run/Walk
WHEN: 8:30 a.m.
WHERE: McCormick’s Creek Park Nature Center, Spencer, Ind.
DESCRIPTION: This event is raising funds for the Owen County YMCA.
MORE INFO: www.ymcafriendsofmc.com

2 Bloomington Volksmarch
WHEN: Start as early as 9 a.m.
WHERE: Monroe County YMCA, Southeast Branch, 2125 S. Highland Ave., Bloomington, Ind.
DESCRIPTION: This volksmarch, a non-competitive walking event, will start at the Southeast YMCA and will pass along the scenic Jackson Creek Trail and through beautiful neighborhoods with a check point in the quaint Renwick Village. Walkers may start anytime between 9 a.m. and 1 p.m. but must finish by 4 p.m. Participants may choose a 5K or 10K trail and are encouraged to walk for fun, fitness, and friendship. The event is sponsored by the Bloomington Flying Fish Volkssport Association.
MORE INFO: Details and a complete brochure for the event can be found at http://www.bloomingtonprecisionvolkssport.com/

2 History “Carved” in Stone, a Guided Cycling Tour
WHEN: Noon
WHERE: Meet at the Army Corps of Engineers office, 1620 Monroe Dam Court, Bloomington, Ind.
DESCRIPTION: Discover how limestone shaped the development and identity of the people that settled in the Salt Creek communities during the 1800s and early 1900s during a guided cycling tour near Monroe Lake. For intermediate to advanced bicyclists, ages 15 and up. Limit to 10 people; $15 fee. Preregistration required by April 28.

9 Gnav Bone - Dances with Dirt
WHERE: Mike’s Music and Dance Barn, 2277 State Rd. 46 W, Nashville, Ind.
DESCRIPTION: Vicious 600 foot ridges, breathtaking natural beauty and wicked trails abound. Gnav Bone is about one mile out of Nashville, Ind. Back in 2015: The world’s most difficult 10K. Expect double your road time and triple the effort. The other race distances include 13.1, 26.2, 50K, 50 miles and 100K relay course. Post-race beer and a jammin’ band at the finish.
MORE INFO: http://danceswithdirt.com/gnawbone-home

9 Morgan County Fallen Officer Memorial 5K
WHEN: 8 a.m.
WHERE: Liberty Christian Church, 1600 Liberty Church Road, Martinsville, Ind.
MORE INFO: mag7racerecipes.com

16 Race to Breathe 5K and Family Activity Morning
WHERE: The Warehouse, 1525 S. Rogers St., Bloomington, Ind.
DESCRIPTION: The day starts off with a 5K timed run/walk on the B-Line. The run will be followed by a morning of activities free for everyone, including rock