HUMS 102 – HELPING RELATIONSHIP TECHNIQUES

Use the search terms below when using the library resources. If you need help choosing search terms for your topic, please contact the library for help! We’ve had a lot of practice using these resources!

SAMPLE SEARCH TERMS

Use quotation marks around phrases to keep the words next to each other in the results. Use AND and OR to combine these terms when searching library resources. Use some of these terms to help you get started:

<table>
<thead>
<tr>
<th>“human services”</th>
<th>“social services”</th>
<th>Trends</th>
</tr>
</thead>
<tbody>
<tr>
<td>“helping relationship”</td>
<td>Friendship</td>
<td>Therapy</td>
</tr>
<tr>
<td>Counseling</td>
<td>Diversity</td>
<td>“systems theory”</td>
</tr>
<tr>
<td>Niklas Luhmann</td>
<td>Behaviorism</td>
<td>humanistic theory</td>
</tr>
<tr>
<td>“cognitive behavior therapy”</td>
<td>Benefits or advantages</td>
<td>Limitations</td>
</tr>
<tr>
<td>“treatment plan”</td>
<td>Complementary theory</td>
<td>“nonverbal communication”</td>
</tr>
<tr>
<td>“case management”</td>
<td>Case study</td>
<td>“code of ethics”</td>
</tr>
<tr>
<td>Social work</td>
<td>“personal values”</td>
<td>Skills and techniques</td>
</tr>
</tbody>
</table>

SEARCH CREDO REFERENCE DATABASE

- On the library homepage, click on the link to the A-Z List of Databases.

Quick Links
For Students:
- A-Z List of Databases
- IvyCat (for books in the library)
- IvyTILT (Research Tutorial)

- Scroll down the list and click on the link to Credo Reference. This database is a collection of encyclopedias and other reference materials and is a good place to find general information, background information, definitions, or history of a topic. Think of it as a library version of Wikipedia.
Enter your search term in the box at the top of the page and click the magnifying glass. It is best to keep your terms very broad in this database. A search term is the main point of your topic. It can be a single word or a short phrase.

Your results will appear on the next page. In your results you will see articles from different reference sources. Click on a title to read the entry.

Use the tools at the top of the page to print, email, or cite the article.
• Take note of the **key concepts**. These terms can be added to your search terms list and used to find similar materials in other databases.


• Look at the **further reading** section at the end of the entry for a list of references and links to additional resources on the same topic.

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**SEARCH EBSCO DATABASES: ACADEMIC SEARCH PREMIER AND PSYCARTEICLES**

• On the library homepage, click on the link to the A-Z List of Databases.

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**Quick Links**

For Students:

- **A-Z List of Databases**
- IvyCat (for books in the library)
- IvyTILT (Research Tutorial)

• Scroll down the list or choose the letter “A” and click on the link to **Academic Search Premier (EBSCO)**. This database offers access to a wide variety of resources and covers a broad range of topics. It is a good starting point for any research project.
• Click on **choose databases** above the search box.

• A new box will appear, check the boxes next to **PsycARTICLES** to add it to the search. This database focuses on psychology topics and contains more than 180,000 full-text articles from over 100 peer-reviewed, scholarly journals covering historical content to present day topics.
• Enter your search terms in the boxes. Enter each keyword or idea in a separate box and click the green search button.

• Your results will appear on the next screen. You can use the limiters on the left side of the screen to set a date range.

• If your assignment requires you to find scholarly or peer-reviewed sources, you can limit your results by checking the box above the date range limiter on the left side of the screen. A scholarly or peer-reviewed source is one that has been through a rigorous editorial process, where the article is evaluated by others working in the same field.
• In the list of results, click on an article title to see more information.


• Look for links to the full-text on the left side of the screen.

• Use the tools on right side of the screen to print, download or cite the article.

SEARCH FOR ARTICLES USING PROQUEST

• On the library homepage, click on the link to the A-Z List of Databases.
Quick Links

For Students:

- A-Z List of Databases
- IvyCat (for books in the library)
- IvyTILT (Research Tutorial)

- Scroll down the list or choose the letter “R” and click on the link to Research Library (ProQuest). This database one-stop access to thousands of full-text periodicals from one of the broadest, most inclusive general reference databases. You will search a mix of scholarly journals, professional and trade publications, and magazines covering over 150 subjects and topics.

- Enter your search terms in the single box. (Find sample search terms at the top of this guide). Combine your terms using AND and OR. AND will combine different ideas. OR will combine similar ideas. This search will return results with the term “helping relationships” and humanistic approach.
• Your results will appear on the next screen.

• You can narrow down your results by using the tools on the left side of the page. The two most useful are source type (journal, magazine, newspaper, etc) and publication date. If your assignment requires it, you can narrow the results to show peer-reviewed articles only by checking the box in the Limit to section.
• Click on **preview** to view the **abstract or summary** of the article and the **subject terms or keywords** associated with the article. You can use these keywords to find similar articles.

• Click on the title of the article to see the full-text links and tools.

• Use the tabs to view the full-text of the article.
• Find the tools to **download, email, cite and print** on the right side of the page.

![Download PDF](image)

**CITATION RESOURCES**

• In addition to the citation tools found in the databases, you can find resources to help you format your citation on the library homepage. Click on **Citing Sources** on the left side of the page.

![Help](image)

• On the next page you will find help with citation formats (APA or MLA) and sample papers. If you are not sure what citation style or paper format to use, please ask your instructor.

**Documentation and Sample Papers**

- **APA** Format (6th Edition)
  - APA Sample Paper
- **MLA** Format (7th Edition)
  - MLA Sample Paper

• Under **Citation Help** you will find a link to the **NoodleTools** citation helper. Please contact the library or your instructor if you need help using this tool.
LIBRARY CONTACT

Please contact the library if you have any questions or if you need help with any of the resources in this guide.

📞 219-464-8514 ext. 3020  📧 Valparaiso-Library@ivytech.edu